

# Тест ::: 8\_сем\_ФІЗ. ВИХ., СПОРТ, ЗДОР. ЛЮД. (Екзамен)

## Тема :: Дефініції

1. *Встановіть відповідність між дефініцією та словом:*

- The ability to move two or more body parts under control, smoothly and efficiently
- A combination of speed and is the ability of the muscle to perform at the same speed without fatigue
- A condition in which someone is not able to use a part of their body or brain properly
- A strong supporter of a person, organization or idea
- A sense of loyalty or dedication

Відповідність: COORDINATION ; SPEED ENDURANCE ;

2. *Встановіть відповідність між дефініцією та словом:*

- Someone who is good at sports, especially athletics, and takes part in sports competition
- Relates to the ability to rapidly change the position of the entire body in space with speed and accuracy
- A strong supporter of a person, organization or idea
- An enthusiasts for a particular athlete, team or sport
- An activity of going for long walks in the countryside for enjoyment

Відповідність: ATHLETE ; AGILITY ;

3. *Встановіть відповідність між дефініцією та словом:*

- The amount of fat tissue in relation to other tissue in the body
- A combination of strength and speed
- To expose the danger or loss
- The ability to do something well (in a task, sport etc.), usually as a result of experience and training
- To lose a competition

Відповідність: BODY COMPOSITION ; POWER ;

4. *Встановіть відповідність між дефініцією та словом:*

- A condition in which someone is not able to use a part of their body or brain properly
- The ability to do something well (in a task, sport etc.), usually as a result of experience and training
- A sport of catching fish
- An activity of going for long walks in the countryside for enjoyment
- A sense of loyalty or dedication

Відповідність: SKILL ; DISABILITY ;

5. *Встановіть відповідність між дефініцією та словом:*

- The body's ability to take in and use oxygen to supply energy throughout the body
- Extremely tired and without enough energy to do anything else
- A sport of catching fish
- An activity of going for long walks in the countryside for enjoyment
- A type of skiing on level ground instead of down hills

Відповідність: AEROBIC FITNESS ; EXHAUSTED ;

6. *Встановіть відповідність між дефініцією та словом:*

- The strength and endurance of muscles
- A general term for aches and pains in the body's joints
- The official song of a particular country or organization that people sing on special occasions
- A condition in which someone is not able to use a part of their body or brain properly
- The ability to do something well (in a task, sport etc.), usually as a result of experience and training

Відповідність: ARTHRITIS ; MUSCULAR FITNESS ;

7. *Встановіть відповідність між дефініцією та словом:*
- The ability to move a joint through its full range of movement without experiencing any pain or discomfort
  - A combination of strength and endurance, and is defined as the ability of the muscle to continue to perform generating the same force without fatigue
  - A series of games in which the winner of each game plays in the next game until there is one player team left
  - An organized sports event in which participants want to become winners
  - An American football played every year in the US to decide which professional team is the winner of the National Football League

Відповідність: STRENGTH ENDURANCE ; FLEXIBILITY ;

8. *Встановіть відповідність між дефініцією та словом:*
- Involves the ability of the heart and lungs to supply oxygen to the working muscles for an extended period of time
  - A way of life or style of living that reflects the attitudes and value of a person or group
  - A martial art and a full-contact sport derived from traditional Chinese martial arts
  - An activity of riding a horse for enjoyment, exercise or in competitions
  - A sport in which people ride over waves on surfboards using a light frame covered with a thin material flown in the wind at the end of a length of string

Відповідність: CARDIORESPIRATORY ENDURANCE ; LIFESTYLE ;

9. *Встановіть відповідність між дефініцією та словом:*
- The ability of the heart and lungs to supply fuel to working areas of the body during sustained physical activity
  - An injury which occurs to a muscle in which the muscle fibers tear as a result of overstretching.
  - A sports event that consists of five different sports
  - A sport in which two people fight by holding each other in special positions and throwing each other
  - An activity of riding a horse for enjoyment, exercise or in competitions

Відповідність: STRAIN ; ENDURANCE ;

10. *Встановіть відповідність між дефініцією та словом:*
- The ability to perform a movement quickly
  - An injury which occurs to ligaments caused by a sudden overstretching
  - Someone who is good at sports, especially athletics, and takes part in sports competition
  - Someone who watches a public activity or event, especially a sports event
  - A person who conducts competitions, assesses performances of competitors, referees games, decides the result of a competition

Відповідність: SPRAIN ; SPEED ;

11. *Встановіть відповідність між дефініцією та словом:*
- The ability of the muscles to generate force in a short period of time
  - Medical condition in which a bone becomes cracked, splintered, or bisected as a result of physical trauma
  - To try to win a competition
  - To do well in your career or in some other activity
  - To lose a competition

Відповідність: STRENGTH ; BONE FRACTURE ;

12. *Встановіть відповідність між дефініцією та словом:*
- A process of preparation for a sport performance
  - To cause a mark to appear on someone's body by hitting or knocking it
  - The sport of jumping with a parachute from high places such as building or mountains
  - The sport of descending a steep road or track on a large type of skateboard on which riders lie on their backs, descending feet
  - An activity of riding a horse for enjoyment, exercise or in competitions

Відповідність: SPORT TRAINING ; BRUISE ;

13. *Встановіть відповідність між дефініцією та словом:*
- Psychological illnesses which affect diet and weight
  - Prevented from growing to full height
  - A game in which two teams of 11 players try to kick or head a ball into their opponent's goal

- A game played by two teams of 11 players who get points by hitting a ball with a bat and running between two sets of sticks called stumps
- A type of skiing on level ground instead of down hills

Відповідність: EATING DISORDERS ; STUNTED ;

14. *Встановіть відповідність між дефініцією та словом:*

- Playing by the rules
- A mark that you get on your body if you are hit or if you knock against something
- An activity of riding a horse for enjoyment, exercise or in competitions
- A sport in which people ride over waves on surfboards using a light frame covered with a thin material flown in the wind at the end of a length of string
- A game in which two teams of 11 players try to kick or head a ball into their opponent's goal

Відповідність: FAIR PLAY ; BRUISE ;

15. *Встановіть відповідність між дефініцією та словом:*

- The continuous movement of blood around your body
- A specific allowance or selection of food, esp. prescribed to control weight or in disorders in which certain foods are contraindicated
- A type of skiing on level ground instead of down hills
- An activity of riding a horse for enjoyment, exercise or in competitions
- A sport in which people ride over waves on surfboards using a light frame covered with a thin material flown in the wind at the end of a length of string

Відповідність: DIET ; CIRCULATION ;

16. *Встановіть відповідність між дефініцією та словом:*

- Any impairment of normal physiological function affecting all or part of an organism, esp. a specific pathological change caused by infection, stress, etc
- Extremely tired and without enough energy to do anything else
- The official song of a particular country or organization that people sing on special occasions
- A short statement that expresses something such as principle or an aim, often used as a statement of belief by an organization or individual
- A sense of loyalty or dedication

Відповідність: DISEASE ; EXHAUSTED ;

17. *Встановіть відповідність між дефініцією та словом:*

- A feeling that something good or exciting is soon going to happen
- A break or a crack in a bone
- An international sports event for people with physical disabilities that takes place every four years
- The greatest international sports event in the world, in which thousands of athletes compete in different types of sports
- An American football played every year in the US to decide which professional team is the winner of the National Football League

Відповідність: EXPECTANCY ; FRACTURE ;

18. *Встановіть відповідність між дефініцією та словом:*

- The activity or exercise of running at a slow steady speed
- A movement in which someone rolls or jumps towards or backwards so that their feet go over their head before they stand up again
- An international sports event for people with physical disabilities that takes place every four years
- The greatest international sports event in the world, in which thousands of athletes compete in different types of sports
- A series of games in which the winner of each game plays in the next game until there is one player team left

Відповідність: JOGGING ; SOMERSAULT ;

19. *Встановіть відповідність між дефініцією та словом:*

- The treatment of physical disabilities by massage, electrotherapy, or exercises
- Medical treatment in which a doctor cuts open somebody's body
- The official song of a particular country or organization that people sing on special occasions
- Someone who is good at sports, especially athletics, and takes part in sports competition

- Someone who watches a public activity or event, especially a sport event

Відповідність: REHABILITATION ; SURGERY ;

20. *Встановіть відповідність між дефініцією та словом:*

- To injure yourself by twisting or stretching a muscle too much
- To make your arms , legs, or body as straight as possible so that your muscles become long and tight
- A sports event in which people race on motorcycles over rough land with a lot of bends and steep hills
- A precision ball sport which is played on a flat, smooth surface, where players must throw or roll coloured balls as close as possible to a white target ball, known as the "jack"
- A type of skiing on level ground instead of down hills

Відповідність: STRETCH ; STRAIN ;

21. *Встановіть відповідність між дефініцією та словом:*

- The process of providing medical care
- Someone who choose not to eat anything derived (made) from animals or fish, including eggs, milk, and cheese
- A sport related to riding horses
- A sport similar to tennis, but you use a shuttlecock, not a ball
- A sports event in which people race on motorcycles over rough land with a lot of bends and steep hills

Відповідність: VEGAN ; TREATMENT ;

22. *Встановіть відповідність між дефініцією та словом:*

- To injure a part of your body such as your knee or wrist by bending it too much or by bending it in the wrong direction
- To make an official decision about a problem or disagreement
- An old Scottish game for 2 or 4 persons who hit small hard balls with special clubs into holes on a course
- A ball sport played by two (singles) or four players (doubles) in a four-walled court with a small, hollow rubber ball
- A sport related to riding horses

Відповідність: ADJUDICATE ; TWIST ;

23. *Встановіть відповідність між дефініцією та словом:*

- The ability to do something
- Great skill in using your hands or your mind
- A sport in which if you throw the ball well, you get 1, 2 or 3 points
- A game played on ice in which players slide heavy stones towards a mark in the center of the circle
- An old Scottish game for 2 or 4 persons who hit small hard balls with special clubs into holes on a course

Відповідність: DEXTERITY ; CAPABILITIES ;

24. *Встановіть відповідність між дефініцією та словом:*

- Someone who trains a sports player or team
- Failure to win a competition or to succeed in doing something
- A sport that directly puts two teams against each other in a test of strength: teams pull on opposite ends of a rope
- A sport with a large racing sledge for two or more people
- A game played on ice in which players slide heavy stones towards a mark in the center of the circle

Відповідність: COACH ; DEFEAT ;

25. *Встановіть відповідність між дефініцією та словом:*

- To win against someone in a game, fight, or election
- To injure a part of your body such as your knee or wrist by bending it too much or by bending it in the wrong direction
- A martial art and a full-contact sport derived from traditional Chinese martial arts
- A sport of catching fish
- An activity of going for long walks in the countryside for enjoyment

Відповідність: TWIST ; DEFEAT ;

26. *Встановіть відповідність між дефініцією та словом:*

- Someone whose job is to teach a skill or a sport

- Someone who trains a sports player or team
- A martial art and a full-contact sport derived from traditional Chinese martial arts
- A ski racing with shooting
- A team game on ice with a puck

Відповідність: INSTRUCTOR ; COACH ;

27. *Встановіть відповідність між дефініцією та словом:*

- A determined attitude that makes you continue trying to achieve something difficult
- Fair and honest behaviour in sport
- The official song of a particular country or organization that people sing on special occasions
- A short statement that expresses something such as principle or an aim, often used as a statement of belief by an organization or individual
- A sense of loyalty or dedication

Відповідність: SPORTSMANSHIP ; PERSEVERANCE ;

28. *Встановіть відповідність між дефініцією та словом:*

- Special skill or knowledge that you get from experience, training, or study
- Great skill in using your hands or your mind
- In team sports, a situation in which one team puts a large number of players in one area to achieve something by force
- A place used for a sporting event
- A defeat in a competition

Відповідність: DEXTERITY ; EXPERTISE ;

29. *Встановіть відповідність між дефініцією та словом:*

- The ability to do something well ( in a task, sport etc.), usually as a result of experience and training
- The ability to do something
- A sport in which two people fight by holding each other in special positions and throwing each other
- A ball sport, with similarities to netball and basketball, which is played by 2 teams of 8 players with 4 females and 4 males in each team
- An alpine skiing and alpine snowboarding discipline which involves skiing between sets of poles

Відповідність: SKILL ; CAPABILITIES ;

30. *Встановіть відповідність між дефініцією та словом:*

- A race in which people run on roads over a distance of 42 kilometres or about 26 miles
- The activity or exercise of running at a slow steady speed
- The official song of a particular country or organization that people sing on special occasions
- A sports event that consists of five different sports
- A team game on ice with a puck

Відповідність: JOGGING ; MARATHON ;

## Тема :: Прийменник

31. *Оберіть правильний прийменник:*

MANY PEOPLE DO NOT LIKE GYMS AND OBJECT ... GOING THERE FOR DIFFERENT REASONS.

- from
- to
- for
- about

32. *Оберіть правильний прийменник:*

YOGA INVOLVES MOVING THE WHOLE BODY ... THE SAME TIME.

- at
- in
- for
- with

33. *Оберіть правильний прийменник:*

GOING TO EXTREMES CAN RESULT ... POOR PERFORMANCE, ILLNESS AND INJURY.

- at
- by
- with
- in

34. *Оберіть правильний прийменник:*

THOSE WHO TAKE PART IN A SPORTING EVENT ARE COMPETITIVE ... NATURE.

- with
- by
- along
- at

35. *Оберіть правильний прийменник:*

EXTREME SPORTS ARE DANGEROUS BUT THEY ARE BECOMING MORE AND MORE POPULAR ... YOUNG PEOPLE.

- to
- at
- with
- for

36. *Оберіть правильний прийменник:*

WOMEN ARE MORE PROTECTED ... HEART DISEASE THAN MEN.

- about
- for
- to
- from

37. *Оберіть правильний прийменник*

HE TOOK PART ... A LOT OF COMPETITIONS WHEN HE WAS YOUNGER.

- in
- at
- for
- on

38. *Оберіть правильний прийменник:*

SPORTS ARE EXTREMELY POWERFUL TOOLS ... DEVELOPMENT.

- on
- about
- for
- along

39. *Оберіть правильний прийменник:*

SPORT ATHLETES SUFFER ... TRAUMAS AND PHYSICAL EXHAUSTION.

- on
- along
- up
- from

40. *Оберіть правильний прийменник:*

SWIMMING SIX TIMES A WEEK, IS RECOMMENDED, IF YOU WANT TO STAY ... GOOD SHAPE.

- in
- at
- with
- about

41. *Оберіть правильний прийменник:*

PHYSICAL EDUCATION AND SPORT CLOSELY LINKED ... SPORT AND EXERCISE SCIENCE.

- to
- off
- with
- about

42. *Оберіть правильний прийменник:*

MANY PEOPLE ARE INTERESTED ... SPORTS PARTICULARLY BIG EVENTS.

- with
- to
- among
- in

43. *Оберіть правильний прийменник:*

SPORT TRAINING CONSISTS ... FOUR PARTS.

- in
- of
- about
- up

44. *Оберіть правильний прийменник:*

A 14-YEAR-OLD JUST CAN'T COPE ... THE PRESSURES OF WIMBLEDON, THE TOURNAMENT, THE WIMBLEDON CROWDS, AND THE PRESS REPORTERS.

- to
- about
- with
- off

45. *Оберіть правильний прийменник:*

EXTREME SPORTS ARE OFTEN ASSOCIATED ... YOUNG ADULTS WISHING TO PUSH THEMSELVES TO THE LIMITS OF THEIR PHYSICAL ABILITY AND FEAR.

- about
- in
- with
- to

46. *Оберіть правильний прийменник:*

NEARLY HALF A MILLION PEOPLE ATTEND WIMBLEDON TENNIS CHAMPIONSHIP AND HUNDREDS OF MILLIONS WATCH ... TELEVISION.

- in
- on
- with
- at

47. *Оберіть правильний прийменник:*

THE FOOTBALL MATCH RESULTED ...DRAW.

- in
- to
- with
- at

48. *Оберіть правильний прийменник :*

THE «UNSEEDED» PLAYERS START PLAYING EARLIER ... DRAWING.

- about
- for
- by
- with

49. *Оберіть правильний прийменник:*

HURLING IS PLAYED ... FIFTEEN PLAYERS ON EACH SIDE ON A FIELD LARGER THAN A FOOTBALL PITCH.

- between
- through
- with
- across

50. *Оберіть правильний прийменник:*

SPORT IS VERY USEFUL ... ORDINARY PEOPLE.

- on
- to
- between
- for

51. *Оберіть правильний прийменник :*

A RED CARD IS ISSUED TO EJECT A PLAYER ... THE GAME.

- in
- from
- along
- about

52. *Оберіть правильний прийменник:*

EVERY YEAR TEAMS FROM ALL OVER BRITAIN COMPETE ... EACH OTHER IN THE FOOTBALL ASSOCIATION COMPETITION.

- into
- for
- at
- against

53. *Оберіть правильний прийменник:*

THE ENGLISH ALSO LIKE SNOOKER VERY SIMILAR ... BILLIARDS.

- to
- for
- in
- about

54. *Оберіть правильний прийменник :*

ALL TEAMS CAN ALSO COMPETE ... TWENTY 20 CRICKET MATCHES.

- in
- between
- along
- for

55. *Оберіть правильний прийменник:*

FOR THE MORE ADVENTUROUS THERE ARE WILDERNESS TRIPS DEEP INTO PRIMEVAL AMERICA BY BOAT, ON HORSEBACK OR ... FOOT.

- in
- by
- without
- on

56. *Оберіть правильний прийменник:*

AMERICAN FOOTBALL DIFFERS FUNDAMENTALLY ... THE EUROPEAN VERSION.

- off
- from
- in
- to

57. *Оберіть правильний прийменник:*



AMERICANS LIKE TO ENGAGE ... SPORTS OR TO WATCH GAMES, THEY SEEM TO HAVE FULLY AS MUCH FUN READING AND TALKING ABOUT IT.

- to
- for
- at
- in

58. *Оберіть правильний прийменник:*

SHE IS A GOOD RUNNER BUT SHE IS NOT MUCH GOOD ... HURDLES.

- at
- on
- in
- of

59. *Оберіть правильний прийменник:*

YOUR BODY IS AS MUCH OF A MACHINE AS YOUR BIKE, SO LOOK ... IT.

- on
- along
- after
- in

60. *Оберіть правильний прийменник:*

A COMPLETE LACK ... FEAR IS AN ESSENTIAL REQUIREMENT FOR STREET LUGE.

- up
- of
- about
- for

## Тема :: Часова форма

61. *Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)*

THE TEAM (TO PRACTICE) HARD RECENTLY.

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62. *Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)*

IF YOU (TO EAT) SLOWLY, YOU WILL NOT OVEREAT.

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63. *Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)*

YOGA (TO DEVELOP) IN INDIA THOUSANDS OF YEARS AGO.

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64. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

THE SPECTATORS AT THE FOOTBALL MATCH BECAME VIOLENT WHEN THEIR TEAM (TO LOSE).

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65. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

MANCHESTER UNITED (TO PLAY) AGAINST BIRMINGHAM AT THE MOMENT.

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66. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

HOST COUNTRIES USUALLY (TO BUILD) SPECIAL NEW FACILITIES FOR THE GAMES.

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67. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

VARIOUS CULTURAL AND MILITARY SHOWS (TO PERFORM) DURING THE CEREMONY OF THE COMMONWEALTH GAMES.

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68. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

IF YOU UNDERSTAND THE NATURE OF THE DIFFERENT TYPES OF EVENTS, THIS (TO HELP) YOU TO DECIDE WHICH IS THE MOST APPROPRIATE.

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69. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

SINCE THEN THE GAMES (TO BECOME) THE MOST POPULAR SPORTING EVENT IN THE WORLD.

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70. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

PLAYING CORRECTLY (TO CALL) FAIR PLAY.

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71. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

THE MAN WHO (TO ENFORCE) THE RULE DURING THE GAME IS THE REFEREE.

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72. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

WHEN A PLAYER (TO BREAK) THE RULES THE OTHER TEAM MAY GET A PENALTY.

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73. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

THE OLYMPIC GAMES (TO GO) BACK HOME TO GREECE IN 2004.

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74. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

HAVING LOST THE MATCH, THE TEAM (TO TRAVEL) HOME IN LOW SPIRIT.

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75. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

HE (TO DISQUALIFY) FROM THE COMPETITION BECAUSE HE HAD NOT COMPLIED WITH THE RULES

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76. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

ALL THE ATHLETES (TO WEAR) TRACK SUITS WHEN THEY CAME INTO THE STADIUM.

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77. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

EXERCISE (TO INCREASE) MUSCLE STRENGTH AND IMPROVE YOUR CIRCULATION.

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78. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

SINCE 2010 ALL HURLING PLAYERS (TO HAVE) TO WEAR A PROTECTIVE HELMET.

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79. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

BASE JUMPING (TO BEGIN) WAY BACK IN 1978.

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80. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

I (TO TWIST) MY ANKLE SO I WON'T BE ABLE TO PLAY.

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81. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

NEARLY HALF A MILLION PEOPLE (TO ATTEND) THE WIMBLEDON TENNIS CHAMPIONSHIPS.

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82. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

SHE BRUISED HER LEG QUITE BADLY WHEN SHE (TO FALL).

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83. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

THE EXHAUSTED SKIERS (TO LOOK) FORWARD TO A GOOD NIGHT'S SLEEP.

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84. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

ONE MILLION VISITORS (TO COME) TO THE COMMONWEALTH GAMES IN MANCHESTER IN 2002.

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85. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

A QUALIFIED INSTRUCTOR (TO SHOW) HOW TO USE THE EQUIPMENT.

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86. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

FIVE INTERLOCKING RINGS (TO REPRESENT) THE FIVE CONTINENTS OF THE WORLD: AMERICA, EUROPE, ASIA, AFRICA AND AUSTRALIA.

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87. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

MANY AMERICANS, ESPECIALLY CHILDREN AND OTHER YOUNG PEOPLE, (TO PLAY) BASEBALL, BASKETBALL, FOOTBALL, AND SOCCER.

- 
88. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

YESTERDAY HE (TO ADMIT) TO HOSPITAL WITH FRACTURES OF BOTH LEGS.

- 
89. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

I (TO STRAIN) A MUSCLE IN MY SHOULDER RECENTLY.

- 
90. Впишіть дієслово, що знаходиться в дужках у правильній часовій формі (всі літери малі)

YESTERDAY AFTERNOON THEY (TO TAKE) TO CAPE COD HOSPITAL FOR TREATMENT FOR BURNS AND SMOKE INHALATION.

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## Тема :: Пропущений фрагмент

91. Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті

The event I want to talk about is the annual Wimbledon Tennis Championships. Wimbledon is a suburb to the south of London. The event is held six weeks before the first Monday in August and \_\_\_\_\_. To win at Wimbledon really makes you a star.

The championships last two weeks and are extra special for two reasons. These championships are among the oldest since the first was held in 1877 and, unlike most of the other big tennis tournaments, \_\_\_\_\_.

There are nineteen courts and the most important games take place on Centre Court and Number One Court. When the championship is underway, Wimbledon is at the centre of the world as nearly half a million people attend the games.

I want to tell you about one great Wimbledon star: Martina Navratilova. She is always remembered at Wimbledon because \_\_\_\_\_ nine times. She also won the Ladies' Doubles seven times and the Mixed Doubles four times. She was a true champion too \_\_\_\_\_ and humble, unlike some other major players.

If you ever have a trip to England, I recommend you \_\_\_\_\_ the guided tour and museum, with a walk-in historical changing room and many interesting exhibits. You will never forget the experience.

1. they are played on grass

2. as she was well-behaved on the court
3. healthy way of life are obvious
4. attracts all the big names in tennis
5. go visit Wimbledon and enjoy
6. she won the Ladies' Singles title
7. when absolutely necessary

92. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

The Commonwealth Games always starts with a grand opening ceremony. Various cultural and military shows are performed during the ceremony of the Commonwealth Games. The flag of the Commonwealth Games Federation, \_\_\_\_\_ and the current hosting nation are hosted during the Commonwealth Games opening ceremony.

India was considered to have \_\_\_\_\_ of any Commonwealth Games and it was highly compared with the opening ceremony of the 2008 Summer Olympic Games at Beijing, China. The cost of the opening ceremony of the 2010 Commonwealth Games was around \$77 million which was the second costliest opening ceremony of any international sporting event in the world after the 2008 Olympic Games in Beijing. The 70 Commonwealth nations are called continent wise to have the athletes parade at the stadium and the last hosting nation of the games enters the first. The president or \_\_\_\_\_ declares the opening of the games, however the opening of the 2002, 2006 and 2014 Commonwealth Games were declared by Queen Elizabeth II.

The Commonwealth Games have their own version of the Olympic torch ceremony. On Commonwealth Day (May 11th) in a Games year, the Queen hands \_\_\_\_\_ to an athlete. This is then passed in relay style to other athletes. They run through different Commonwealth countries until they \_\_\_\_\_. The baton is opened and the Queen's message is read out at the opening ceremony of the Games.

1. reach the host nation
2. when it is on the ground
3. the head of the hosting nation
4. when absolutely necessary
5. the most grand opening ceremony in the history
6. a baton containing a message
7. flag of the last hosting nation

93. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

Many people participate in amateur sports. England, Scotland, Wales and Northern Ireland all have separate football leagues and national teams. At the top of the English league there are Premiership or Premier League teams, such as Manchester United, Arsenal, and Chelsea, which have supporters all around the world. The FA Cup (Football Association Cup) \_\_\_\_\_. The final match always takes place on a Saturday when most people watch it live on TV at home or in a pub.

There are a lot of amateur football clubs in Britain, and most British towns and cities have a football team. Every year teams from all over Britain compete against each other in the Football Association competition. The two best teams play each other in May at the Cup Final at Wembley Stadium in London. This is the most important match of the football season and \_\_\_\_\_. Tickets for the Cup Final are not only very expensive, but also very difficult to get. Some

fans pay up to £300 for a ticket for the Cup Final. Others try to get into the Stadium without a ticket. This is why, on the night before the Cup, special security police and \_\_\_\_\_ for people trying to hide inside.

After the Cup Final supporters of the winning team go from Wembley stadium to central London, particularly Piccadilly Circus, to \_\_\_\_\_. Most of them are young men between the ages of fifteen and eighteen. They sing and shout but sometimes they get violent, break windows and fight with rival fans. That is why, on the Saturday of the Cup Final many Londoners prefer to stay at home and \_\_\_\_\_.

1. celebrate their team's success
2. when absolutely necessary
3. competition matches are a big attraction
4. guard dogs go round and search the stadium
5. watch the match live on television
6. healthy way of life are obvious
7. one of the biggest sporting events of the year

94. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

Cricket, a one-time national sport of Great Britain, is nowadays only third on the list of professional sports. Nevertheless, there are still plenty of amateur teams around the country: this is especially evident on Sunday afternoon in England and Wales.

A great sporting \_\_\_\_\_ is the tennis tournament which takes place on the courts of Wimbledon at the end of June. The cricketers are usually men traditionally \_\_\_\_\_. The game is played by two teams of 11 people on a mown grass field with special bats and wickets.

The English also like snooker (very similar to billiards) and bowls, a game in which a heavy wooden ball is rolled over a lawn in such a way that it stops as close as possible \_\_\_\_\_.

Another British sport is polo (reserved for the elite), a ball game played on horseback with mallets.

The sports mentioned above may be considered as typically British but it does not mean that they are the most popular ones. The vast majority of British people \_\_\_\_\_ such as swimming, cycling, fishing, aerobics or just walking. However, only 10 per cent of adults practice sports regularly. Others prefer watching sports on TV. British people \_\_\_\_\_ in sports, such as orienteering, or martial arts, which were less popular until recently. Nevertheless, they are not yet as popular as fresh-air pursuits, such as angling or rambling, which do not require special skills. and the beginning of July. Cricket is even more sophisticated.

1. a small white ball
2. are showing an increasing interest
3. event of international significance
4. wearing white clothes
5. take part in individual sports
6. very difficult to get
7. to wear a protective helmet



95. Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті

Hurling is played with fifteen players on each side on a field larger than a football pitch. The aim of the game \_\_\_\_\_ with a wooden stick called a hurley in such a way that it goes into the opponents' goal or above it. If the ball goes around the goalkeeper and lands between two goalposts, in the net, you score three points; hitting the ball over the goal (but it must be between the H-shaped goalpost) gives you one point. An average score would be about 22-18 over 70 minutes of the game's official time.

Players are allowed to hit the ball not only \_\_\_\_\_, but also when it is high in the air. They can also catch the ball in their hand (in which case they can carry it for not more than three steps), kick it or even hit it with an open hand. A player who wants to carry the ball for more than three steps, has to balance the sliotar on the end of the hurley while running. When performed at full speed, this last trick \_\_\_\_\_.

The fast pace of the game combined with the rule allowing the players to strike the ball above head height mean there is a high risk of injury. This is why since 2010 all players have had to wear a protective helmet. Given the long history of the game, the regulation seems to have come quite late. The reason for this is the general opinion about the game among the Irish: \_\_\_\_\_ but it must be played fairly and with respect for the other players. No exceptions are made to this rule, no matter if it is the hurling played by youth leagues or the women's version of hurling (called camogie): in both cases, the game is as hard as that in the regular men's leagues and similar safety policies must be followed. The only difference is \_\_\_\_\_ and size of the equipment.

1. can look really impressive
2. they are the most popular ones
3. when it is on the ground
4. to hit a small ball called a sliotar
5. hurling is a hard game
6. there are facilities for camping
7. the size of the field and the weight

96. Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті

Interest in sport has grown steadily in the US since a survey in 1956 showed that American children were much less fit than similar European children. A special council on fitness was set up by President Eisenhower and each succeeding president \_\_\_\_\_. Ironically, since the programme began with concern for children, it is the adults who have continued their interest in fitness. There is now concern that today's children in the US with their fondness for television and video games, \_\_\_\_\_ than ever.

Many communities maintain tennis courts, swimming pools and golf \_\_\_\_\_. Seldom more than an hour's drive from any American town there are facilities for camping, hiking, fishing, boating, swimming and horseback riding. Hunting is very popular in the USA and \_\_\_\_\_, including some close to the metropolitan centres. Where the climate and terrain permit, there are many places set up for water-skiing, surfboarding, ice-skating, skiing, snowmobiling and mountain climbing. The one sport that \_\_\_\_\_ in America is bowling. Men, women and children make up teams rolling heavy balls down a hardwood-surfaced "lane" toward ten standing "pins".

1. courses for public use
2. has supported the council's work
3. draws more participants than any other

4. are getting less exercise
5. improving physical condition
6. there is a high risk of injury
7. is pursued over large areas

97. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

I think there is nothing more important than health. The doctors teach people to keep the rules of healthy way of life – not to smoke, not to eat foods high in cholesterol and fat, \_\_\_\_\_ weight.

Our body is continually wasting energy and requires to be repaired by food. But be moderate in eating. If you eat slowly, you will not overeat. Never swallow your food whole and you \_\_\_\_\_. We should abstain from everything that intoxicates.

We need a certain amount of exercise. All sort of physical exercises are \_\_\_\_\_ and to keep us mentally well. It is very important for the old and for the young to do morning exercises, with the windows wide open or in the open air. If you want \_\_\_\_\_, you are to go in for sport and games.

If your body suffers from any disorder, your mind suffers with the body, too. You cannot be good either at work or at studies. Aches and pains \_\_\_\_\_ and stress. So, the advantages of the healthy way of life are obvious.

Thus, we must remember that moderation in eating and drinking, regularity in physical exercise, reasonable hours of labour and study, recreation and rest, cleanliness and many other essentials lay the foundation for good health and long life.

1. very helpful to make our bodies strong
2. sport can be very profitable
3. to exercise and to keep a healthy body
4. sport should be used as much as possible
5. will never complain of indigestion
6. lead to irritation, nervous breakdown
7. to keep yourself fit

98. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

Regardless of the specific structure affected, sports injuries can generally be classified in one of two ways: acute or chronic.

Acute injuries, such as a sprained ankle, strained back, or fractured hand, occur \_\_\_\_\_. Signs of an acute injury include the following: sudden, severe pain, swelling, inability to place weight on a lower limb, extreme tenderness in an upper limb, inability to move a joint through its full range of motion, extreme limb weakness, visible dislocation or break of a bone.

Chronic injuries usually \_\_\_\_\_ while playing a sport or exercising over a long period. The following are signs of a chronic injury: pain when performing an activity, a dull ache when at rest, swelling.

To stay safe whatever sport you play you can use some tips. Be in proper physical condition to play a sport. It is a mistake to expect \_\_\_\_\_. Many injuries can be prevented by following a regular conditioning program of exercises

designed specifically for your sport. Know and abide by \_\_\_\_\_. The rules are designed, in part, to keep things safe. This is extremely important for anyone \_\_\_\_\_. Protective pads, mouth guards, helmets, gloves and other equipment can save your knees, hands, teeth, eyes, and head. Never play without your safety gear.

1. the rules of the sport
2. the sport itself to get you into shape
3. suddenly during activity
4. when absolutely necessary
5. healthy way of life are obvious
6. who participates in a contact sport
7. result from overusing one area of the body

99. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

When the modern Olympics started in 1896, a silver medal \_\_\_\_\_ because gold was considered inferior. Gold replaced silver beginning with the 1904 Olympics. Today the gold medals are sterling silver covered with a thin coat of pure gold.

No medals were given in the 1900 Olympics held in Paris, France. Winners were \_\_\_\_\_. In 1996, during the Atlanta Olympic Games, Shun Fujimoto of Japan broke his leg during a tumbling run in the floor exercise. Knowing that his team needed him, he decided to \_\_\_\_\_ in spite of the broken leg. He finished with a triple-somersault dismount. He gritted his teeth as pain shot through his leg when he landed. He didn't buckle but stood up. He scored 9.7. With the painful broken leg, Fujimoto had one more thing to do. He managed to climb on top of the podium and stand tall as he was \_\_\_\_\_.

Today's Olympic creed stresses sportsmanship and the importance of participating rather than winning. In ancient Greece, the original Olympic Games were much different. The only thing that mattered was winning. The

victor was \_\_\_\_\_, while those who finished second and third were sent home in disgrace.

1. awarded valuable pieces of art
2. allowed to participate in the games
3. presented with a gold medal
4. was given to first-place winners
5. compete in the ring competition
6. set a world and Olympic record
7. crowned with a wreath of olive leaves

100. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

The Olympic rings, \_\_\_\_\_, are five interlaced rings of blue, yellow, black, green, and red on a white background. The flag was designed by Baron Pierre de Coubertin in 1913. The Olympic rings represent five continents (Africa, the

Americas, Asia, Australia, and Europe) and are interlaced to \_\_\_\_\_. At least one of the five colors is found in the flag of every nation in the world.

The first Olympic flag, which was approximately 10 feet by 6.5 feet, was made at the Bon Marche store in Paris, France, and flew over the Olympic stadium during the 1920 games in Antwerp, Belgium. The Olympic motto "Citius, Altius, Fortius" was also on the flag, Latin for "faster, higher, stronger." The flag was made of satin and \_\_\_\_\_. Because it first flew at the Antwerp Olympics, it was called "the Antwerp flag."

This original flag was flown at every Olympics from 1920 to 1984. After 64 years of use, \_\_\_\_\_ and a new flag made of Korean silk was presented by Korea. It was first flown in the 1988 Olympic Games.

If you look closely at the Olympic flag, you'll see how the five rings are interlaced so that none can be removed. It's significant that \_\_\_\_\_ meet at the Olympic

games, where they are joined together in a common event.

1. the flag started showing signs of wear
2. the official emblem of the Olympic Games
3. a symbol of unity around the world
4. athletes and spectators from all over the world
5. demonstrate the power of the countries
6. represent the union of these continents
7. the rings and motto were embroidered

101. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

From a social standpoint, sport plays a positive role in uniting people from different social backgrounds in \_\_\_\_\_. This can aid people's understanding and tolerance of each other. However, just as sport unites people so it can divide them, as is often demonstrated by crowd violence at football matches.

As far as education is concerned, sport is an important part of every child's schooling \_\_\_\_\_ their physical and mental development. It teaches children how to work as part of a team and cooperate with others, while at the same time improving physical condition. The only drawback to this is that children who are less able to perform well in sport and are likely \_\_\_\_\_ to their more gifted classmates, which may affect their sport confidence.

From an economic point of view, sport can be very profitable, \_\_\_\_\_ sponsorship and advertising. On the one hand, this creates revenue for the sporting industry which allows for improvement and expansion. On the other hand, large sums of money are often paid to event organisers to promote products such as cigarettes, which are \_\_\_\_\_. In my opinion, sport should be used as much as possible to encourage people to lead a more healthy and peaceful life instead of being used to promote unhealthy products.

1. as it attracts a lot of
2. support of their favourite team
3. improving physical condition
4. as it plays a big role in
5. harmful to one's health

6. to feel inadequate in comparison
7. achieved with nonstrenuous exercise.

102. Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті

Most coaches lean toward one of three coaching styles: the command style, the submissive style, or the cooperative style.

In the command style of coaching, the coach makes all the decisions. The role of the athlete is \_\_\_\_\_. The assumption underlying this approach is that because the coach has knowledge and experience, it is his or her role to tell the athlete what to do. The athlete's role is to listen, to absorb, and to comply.

On the surface the command style appears effective. Good athletic teams need organization. They cannot be run effectively as participant democracies; \_\_\_\_\_ that needs to be made. Indeed, the command style can be effective if winning is the coach's primary objective and if its authoritarian nature does not stifle athletes' motivation. But this \_\_\_\_\_ of the command style. Coaches who use the command style also prevent athletes from fully enjoying the sport. The accomplishments are the coach's, not the athletes'.

Coaches who adopt the submissive style \_\_\_\_\_. It is a throw out the ball and have a good time approach. The coach provides little instruction, provides minimal guidance in organizing activities, and resolves discipline problems only when absolutely necessary. Coaches who adopt this style either lack the competence to provide instruction and guidance, are \_\_\_\_\_ of their coaching responsibilities, or are very misinformed about what coaching is. This style coach is merely a babysitter – and often a poor one at that.

1. risk is one of the major limitations
2. make as few decisions as possible
3. the team cannot vote on every decision
4. improving physical condition
5. too lazy to meet the demands
6. sport can be very profitable
7. to respond to the coach's commands

103. Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті

Ellen and David are committed to their workouts at the health club. They both go every day after work and spend at least \_\_\_\_\_.

Both are in shape and feel fit. They believe in the motto "No pain, no gain." Andy and Pam \_\_\_\_\_ and watching yet another commercial for the local gym. Neither one is an athlete, nor do they really require to learn a sport now. Are you more like Ellen and David or Andy and Pam? Or do you fall somewhere in between?

We all know that exercise is important in \_\_\_\_\_ and reducing the risks of disease. But for many people, the word exercise means hours of boring, strenuous activity. Recently, however scientific studies have found that health benefits can be achieved with nonstrenuous exercise.

This is very encouraging news for all those people who thought they had to \_\_\_\_\_ to make exercise worth it. The new guidelines say that every adult should do at least 30 minutes of moderate activity most days of the week. There are many ways to achieve this \_\_\_\_\_ or joining a health club.

1. be athletes or work as hard as athletes
2. are sitting in front of the television
3. to keep the rules of healthy way
4. one hour doing exercise
5. were less popular until recently
6. without buying expensive equipment
7. keeping the body healthy

104. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

Soccer is the most popular sport in the world, but a form of tennis is the second most popular sport. It's table tennis or Ping-Pong. This sport is played by more people in the United States than baseball or football although no one knows for sure, it is believed that \_\_\_\_\_ the 12th century as a parlor game version of Royal Tennis, as tennis was called then. Initially all the equipment was improvised.

A piece of cardboard was the paddle, books were used to form a "net," and the ball was often a ball of string. In the late 1800s, manufacturers of sporting goods started \_\_\_\_\_ such as solid rubber or cork balls.

These early versions of table tennis were called by various names such as Gossima, Whiff Whaff, and Flim-Flam. James Gibb, an Englishman visiting the United States, saw \_\_\_\_\_ and took some back to England to use for table tennis.

They were an instant hit. Parker Brothers, Inc., had been making some table tennis equipment at the time and liked the sound of \_\_\_\_\_. They decided to name their version of the game after the sound of the ball. They called it Ping-Pong.

As the game grew in popularity, national and international associations were formed. The United States Table Tennis Association wanted to \_\_\_\_\_ but could not come to an agreement with Parker Brothers, so they named the sport table tennis.

1. children playing with plastic toy balls
2. the plastic ball hitting the table
3. making official table tennis equipment
4. minimal guidance in organizing activities
5. purchase rights to the name Ping-Pong
6. table tennis originated in England around
7. there are still plenty of amateur teams

105. *Заповніть пропуски цифрами, які відповідають пропущеному фрагменту у тексті*

Stretching sends a signal to the brain, telling it to make your muscles relax. As your muscles relax, \_\_\_\_\_. That's why it feels so good to stretch.

The muscles in your body are like springs. Imagine a spring that is very tight. You can't compress it much or produce much power with it. On the other hand, if a spring is very loose, it's quite easy to compress it.

Once you let go of the compressed spring, it releases a great deal of force. If your muscles are tight, \_\_\_\_\_ and they don't produce much power.

Also, a \_\_\_\_\_ much shock and puts even more strain on your joints. Tight muscles not only limit your performance in whatever you're doing; they can also lead to injuries. If you spend just a few minutes a day stretching your chest, back, shoulders, and legs, \_\_\_\_\_ and will feel a lot better.

Stretching may not be the fountain of youth, but regular stretching will keep you limber and make it easier to get in and out of your car or pick something up off the ground. You won't be any younger, \_\_\_\_\_. After all, youth is a state of mind.

1. to make exercise worth
2. tight muscle can't absorb
3. require to learn a sport
4. you'll be more flexible
5. but you'll feel younger
6. you feel less tense
7. they can't be contracted very far